

Day

1

## 30 Days of Mentoring with **Maiya**



Maiya Rose Benda,  
Business Mentor,  
Author, Speaker,  
Visionary

### Make 2009 Your BEST Year Yet

[Day 1 Mentoring Audio](#) | [Master Success Circle](#) | [Meaningful Streams of Income](#)

Welcome to the 30 Days of Mentoring with Maiya. I am Maiya Rose Benda and I am a business mentor for purpose driven, healing, spirit-minded, and holistic businesses. My clients businesses come in all sizes and forms—all in the business of changing...and healing the world. And I love it! It's a perfect fit for a woman like me who co-owned a healing business and who has a deep love for the art and craft of business building.

The 30 Days of Mentoring series comes to you from my heart. Let me explain. The first program I created was called the Passionate Purpose Program/ After mentoring many businesses in the holistic field, I authored, "Grow It! The \$1000 a Day Business Model."

Today, I have woven the essence of the Passionate Purpose Program with the focus and power of the \$1000 a Day Business Model and teach the real-life solutions helping people grow multiple, Meaningful Streams of Income...every day...doing what they love. ([Case Studies here.](#))

In my heart, I want your business to succeed so that together we can make a difference in this world that desperately needs our love, expertise, and brilliance.

So today is Day 1 and because I want you to be more successful—quickly—we're going to dive right in.

The number one reason my clients hire me is that they want to make more money. They want to create reliable, consistent flows of money that they can count on month after month.

And they don't want to create a "side" business. They want to make money pursuing their passionate purpose. They want their business to be a meaningful endeavor—a heart-felt pursuit—one that they are proud of—one that fuels their soul...and their bank account.

And what does it take to create this type of success. It takes a shift in your business model and

a plan of action. The \$1000 a Day Business Model is the model you need. And the \$1000 a Day Blueprint is what will get you there—it's your action plan.

And so, while I do help my clients create more money ~ I also

- Help my clients attract clients they love, who love them and spread the word about them.
- Help my clients re-balance their lives between their family and their business. Some of them are simply running themselves ragged and still not paying the bills!
- Help them stop trading their time for money—to go beyond dollars for hours and start getting paid even when they aren't working.
- Help them transform their services into products, so they get paid for their expertise—helping them get their knowledge out of their head and out into the world in the form of new products, services, partnerships, and more.
- Help them regain their love for their business by showing them a new business model for success.
- Help them create a \$1000 a Day Blueprint to get there.

And I have faith that I can help you to. Bottom-line– I want to help you do more of what you love—and make lots of money doing it...every day.

*Please note: The complete mentoring session is on the [audio recording](#). These are just the highlights.*

### **ACTION STEP for Day 1**

Imagine your business on December 31, 2009. What did you achieve that made 2009 your best year ever? Write down the things that you are thrilled you did. Tell me the things you celebrated the most. What made this year so successful for you?

Write bullet points, a paragraph, or pages...whatever fuels your soul. Then dare to share it with someone—state your intention to the Universe—and set your dream in motion! I encourage you to email me at [Maiya@MaiyaBenda.com](mailto:Maiya@MaiyaBenda.com) with your 2009 Successes. I'd love to hear from you!



Maiya's Clients are:

- Coaches - life, spiritual and business coaches
- Book authors of spiritual and personal growth works
- Speakers
- Consultants
- Therapists
- Social workers
- Energy healers
- Chiropractors
- Spiritual Directors
- Spirit-minded and holistic business owners
- Healing arts professionals
- Alternative health practitioners
- Massage therapists
- Reiki practitioners
- Yoga professionals
- Fitness practitioners
- Photographers
- Landscape Artists
- Astrologists
- Web Designers
- Spiritual Teachers
- Day Spa owners
- Workshop leaders
- Wellness Professionals
- Artists
- Virtual Assistants
- Nutritionists
- Eco-Conscious/Green Professionals and Consultants